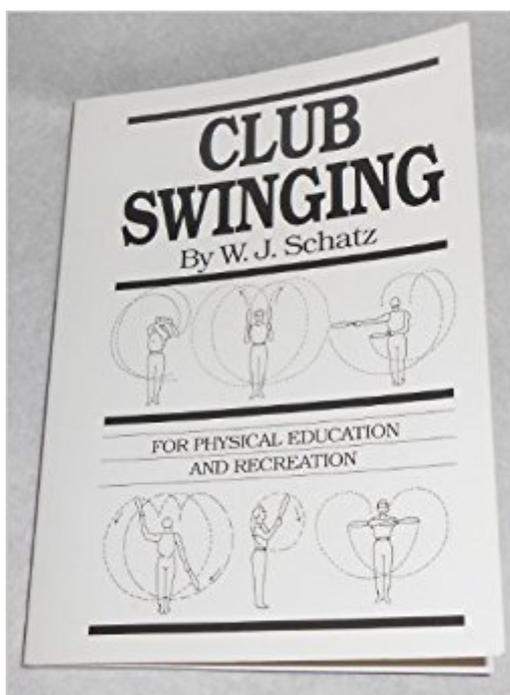


The book was found

Club Swinging For Physical Exercise And Recreation



Synopsis

This scarce antiquarian book is a facsimile reprint of the original. Due to its age, it may contain imperfections such as marks, notations, marginalia and flawed pages. Because we believe this work is culturally important, we have made it available as part of our commitment for protecting, preserving, and promoting the world's literature in affordable, high quality, modern editions that are true to the original work. --This text refers to an alternate Paperback edition.

Book Information

Paperback: 123 pages

Publisher: Brian Dube (July 1990)

Language: English

ISBN-10: 0917643089

ISBN-13: 978-0917643088

Product Dimensions: 0.5 x 5.2 x 7 inches

Shipping Weight: 5 ounces

Average Customer Review: 3.5 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #3,771,070 in Books (See Top 100 in Books) #47 in [Books > Sports & Outdoors > Individual Sports > Juggling](#)

Customer Reviews

If you are interested in club swinging, this is one of the books you want to own. Although not as good as Doctor Ed Thomas' or Anna Semlyn's videos, one can discover enough about swinging to improve shoulder strength and mobility.

At first I was afraid to go out to bars and clubs, but my friends bought this book for me. Now we go to clubs all the time, and boy do we get the babes! "I put the GRR in swinger, baby!"

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